



SHRAMIK VIDYARTHI DNYANSEVA SANSTHA'S

AMDAR DEEPAKBHAI KESARKAR SCIENCE COLLEGE

(AFFILIATED TO UNIVERSITY OF MUMBAI)

DODAMARG, DIST. – SINDHUDURG 416 512 (M. S.)

EMAIL – dkscsci@gmail.com

TEL. NO. – 02363 256755

ESTD. – 2012

COLLEGE CODE – 166

Criteria 5

Student Support and Progression

Key Indicator – 5.1 Student Support

Organisation wide awareness and undertakings on policies with zero tolerance





SHRAMIK VIDYARTHI DNYANSEVA SANSTHA'S

AMDAR DEEPAKBHAI KESARKAR SCIENCE COLLEGE

(AFFILIATED TO UNIVERSITY OF MUMBAI)

DODAMARG, DIST. - SINDHUDURG 416 512 (M. S.)

EMAIL - dkscsci@gmail.com

TEL. NO. - 02363 256755

ESTD. - 2012

COLLEGE CODE - 166

Policy Statement on Zero Tolerance Policy

Shramik Vidyarthi Dnyanaseva Santha's Amdar Deepakbhai Kesarkar Science College Dodamarg is committed to create and maintain a community, having zero tolerance towards sexual harassment or harassment due to ragging. Our college is committed to facilitate an environment in which students, teacher and administrative staff can work together with utmost satisfaction. In pursuance of these commitment, our college has constituted anti ragging committee and Anti- sexual harassment committee as per the relevant provisions of the Maharashtra prohibition of ragging act 1999 and the sexual harassment of women's at workplace (prevention, prohibition, redressed) act, 2013 respectively. The committees can entertain any sort of complaints against act of ragging or sexual harassment happened on the campus or off the campus. Field visits, excursions and any other activity organised by the institute including the period of travelling. The institution provides a mechanism, by which such complaints can be dealt with as per statutory requirements through the respective committees. Any complaints made to the committee is taken up and sorted very seriousness. The committee conducts periodically meetings to review for its overall working for every academic year. In addition to this, the committee organize awareness and sensitization programs for college students. Such programme may include workshops, guest lectures. The college always complies with all other details as set out under various provisions of the respective enactments and rules framed there under so as to ensure zero tolerance towards any act of ragging or sexual harassment.



OBJECTIVES OF THE POLICY

To fulfil the directive of the Supreme Court, as per UGC directives and the Mumbai University in respect of implementing a policy against sexual harassment in the institution.

- To evolve a mechanism for the prevention and redressed of sexual harassment cases and other acts of gender-based violence in the institution.
- To ensure the implementation of the policy in letter and spirit through proper reporting of the complaints and their follow-up procedures.
- To provide an environment free of gender-based discrimination.
- To ensure equal access of all facilities and participation in activities of the college.
- To create a secure physical and social environment which will deter acts of sexual harassment
- To promote a social and psychological environment that will raise awareness about sexual harassment in its various forms.


Principal

Amdar. Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg



Amdar Deepakbhai Kesarkar Science College Dodamarg.

Anti-Sexual Harassment Committee

COMPLIANT FORM

Name :

Class :

Victim :

Contact Number :

Mail ID :

Accuser :

Class (of accuser) :

Compliant :

Time :

Date :

Signature :





SHRAMIK VIDYARTHI DNYANSEVA SANSTHA'S

AMDAR DEEPAKBHAI KESARKAR SCIENCE COLLEGE

(AFFILIATED TO UNIVERSITY OF MUMBAI)

DODAMARG, DIST. - SINDHUDURG 416 512 (M. S.)

EMAIL - dkscsci@gmail.com

ESTD. - 2012

TEL. NO. - 02363 256755

COLLEGE CODE - 166

Date: 08/01/2022

Notice

All the first year, Second year and Third year students are informed that the Awareness program on Sexual harassment of Women's at work place has been organized by Anti Sexual Harassment committee on 10 January 2022 And the timing would be 10.30 AM at College cultural hall of our college. All students are invited to participate in this programme.

Note- This programme is compulsory for all students.

Head,

Anti-Sexual

Harassment Committee

Principal

Amdar, Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudrug





SHRAMIK VIDYARTHI DNYANSEVA SANSTHA'S

AMDAR DEEPAKBHAI KESARKAR SCIENCE COLLEGE

(AFFILIATED TO UNIVERSITY OF MUMBAI)

DODAMARG, DIST. - SINDHUDURG 416 512 (M. S.)

EMAIL - dkscsci@gmail.com

TEL. NO. - 02363 256755

ESTD. - 2012

COLLEGE CODE - 166

Report on

"Sexual Harassment of Women at Workplace"

Introduction: On the 10th of January 2022, an important and timely awareness programme on "Sexual Harassment of Women at Workplace" was organized by the Sexual Harassment Cell and Anti-Ragging Committee of Amdar Deepakbhai Kesarkar Science College, Dodamarg. The event took place in the college's Cultural Hall from 11:00 AM to 1:00 PM and was well-attended by students, faculty, and staff.

Inauguration:

The programme was inaugurated by Mr. M. V. Golase, who emphasized the significance of addressing this critical issue in today's society. His inspiring words set the tone for the event, highlighting the college's commitment to creating a safe and inclusive environment for all its members. Adv. Naik also emphasized the importance of creating awareness and fostering a culture of respect and gender equality in educational institutions and workplaces alike. He provided practical tips on recognizing, preventing, and addressing sexual harassment, ensuring that all attendees left with a deeper understanding of their rights and responsibilities in this regard.

Interactive Session:

Following the keynote address, there was an interactive session where participants had the opportunity to ask questions and seek clarifications. This session allowed for meaningful discussions, enabling attendees to share their concerns and experiences.



[Signature]
Principal
Amdar. Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg

Awareness Initiatives:

As part of the programme, the Sexual Harassment Cell also launched several awareness initiatives, including informative posters across the campus. These materials contained essential information on how to report incidents of sexual harassment and the support services available to victims.

Conclusion:

The "Sexual Harassment of Women at Workplace" awareness programme was a resounding success. It not only educated the college community about the importance of preventing and addressing sexual harassment but also empowered individuals with knowledge and resources to ensure a safer and more respectful workplace.

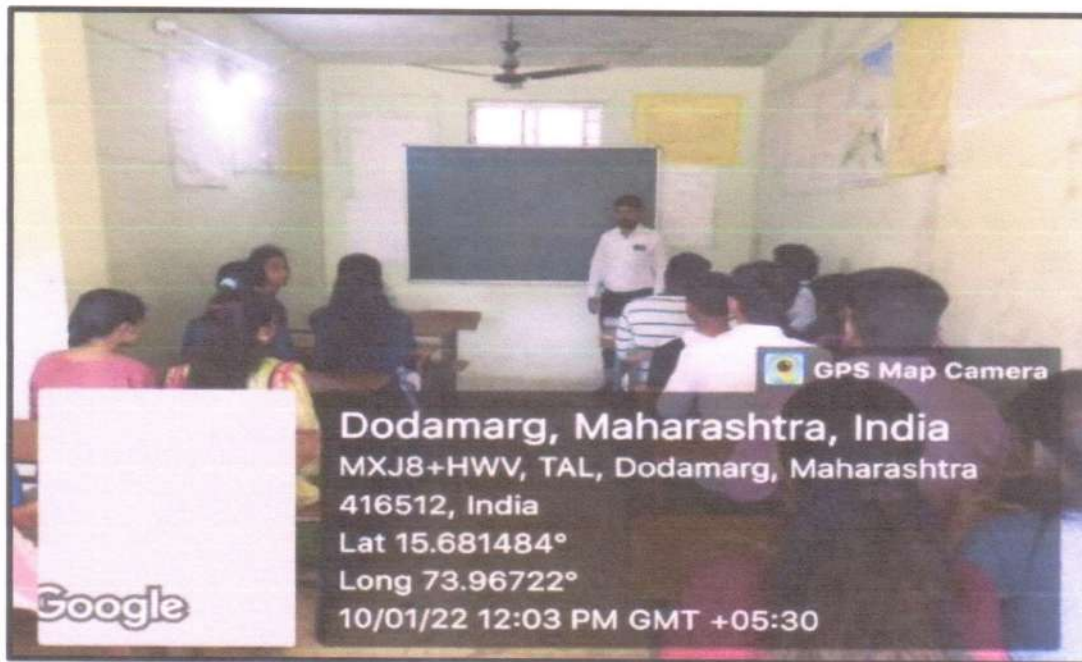
The efforts of the organizing committee, along with the invaluable insights shared by Adv. Mr. P. L. Naik, have undoubtedly contributed to fostering a culture of respect and gender equality within Amdar Deepakbhai Kesarkar Science College, Dodamarg. This event serves as a testament to the institution's commitment to the well-being and safety of its members.

As we move forward, it is crucial that we continue to raise awareness and actively work towards eradicating sexual harassment from our workplaces and society as a whole. Programmes like this one are essential steps in that journey.



Caung
Principal

Amdar. Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg



Amud
Principal
Amdar. Deepakbhai Kesarkar Science College
Dodamarg, Tal.Dodamarg, Dist.Sindhudurg

[illegible]

Amdar Deepakbhai Kesarkar Science College Dodamarg**Attendance Sheet**

Name of the Programs - Awareness program on sexual harassment of women at work place.

Date - 10/11/2022

Sr. No.	Name of the Students / Staff	Class / Designation	Contact No.	Signature	Remarks
1)	Desai Sahil	SY		SDesai	
2)	Desai Sanket	SY		SDesai	
3)	Khadapkar Divesh	SY		DK	
4)	Mahalkar Vrushabh	—		VMahalk	
5)	Gawde Swamya	—		Swamya	
6)	Naik Akshada	—		NAikshada	
7)	Parab Rishuadi	—		Rishuadi	
8)	Sawant Jahnani	—		JSawant	
9)	Naik Siddhi	—		Naik	
10)	Shetye Vishwanath	SY		SVish	
11)	Naik Shashank	SY		SNaik	
12)	Sawant Sandesh	SY		Sawant	
13)	Gawde Amisha	TY		AGawde	
14)	Gawde Vaishnavi	TY		VGawde	
15)	Fale suvidha	TY		SFale	
16)	Jadhav Priya	TY		JPriya	
17)	Desai Sumedha	—		SDesai	
18)	Desai Nikita	—		NDesai	
19)	Desai Mahim	TY		Dmahim	
20)	Desai Anjali	TY		ADesai	
21)	Darelkar Akash	TY		ADarelkar	
22)	Jadhav Siddharth	TY		SJadhav	
23)	Gawde Bhushan	TY		BGawde	
24)	Gawde Sameer	TY		SGawde	
25)	Desai Mahima	TY		MDesai	





SHRAMIK VIDYARTHI DNYANSEVA SANSTHA'S

AMDAR DEEPAKBHAI KESARKAR SCIENCE COLLEGE

(AFFILIATED TO UNIVERSITY OF MUMBAI)

DODAMARG, DIST. - SINDHUDURG 416 512 (M. S.)

EMAIL - dkscsci@gmail.com

TEL. NO. - 02363 256755

ESTD. - 2012

COLLEGE CODE - 166

Date - 08/01/2023

Notice

All the first year, Second year and Third year students are informed that the Awareness program on Sexual harassment of Women's at work place has been organized by Anti Sexual Harassment committee and Woman empowerment committee on 12 January 2023 And the timing would be 10.30 AM at College cultural hall of our college. All students are invited to participate in this programme.

Note- This programme is compulsory for all students.

Head,
Anti-Sexual
Harassment Committee

Principal



Principal
Amdar, Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg



SHRAMIK VIDYARTHI DNYANSEVA SANSTHA'S

AMDAR DEEPAKBHAI KESARKAR SCIENCE COLLEGE

(AFFILIATED TO UNIVERSITY OF MUMBAI)

DODAMARG, DIST. - SINDHUDURG 416 512 (M. S.)

EMAIL - dkscsci@gmail.com

ESTD. - 2012

TEL. NO. - 02363 256755

COLLEGE CODE - 166

Report On

An awareness Program on "Sexual Harassment of Women at Workplace and POSCO Act

An awareness Program on "Sexual Harassment of Women at Workplace" was organized by Sexual harassment and anti-ragging committee, of Amdar Deepakbhai Kesarkar Science College Dodamarg on 12 January 2023 between 10. 30 am to 12.30 pm at Cultural Hall of college. Mr. M. V. Golase the former I/C Principal of college is the chairperson of the program. Ad Mr. Pravin L. Naik is the chief guest the programme. Empowerment Committee head Ms. M. M. Shet gave the vote of thanks. More than 40 student's participants attended the programme.

- Number of Participants: More than 50 students attended the program.

Program Highlights:

- The program focused on raising awareness about "Sexual Harassment of Women at Workplace."
- The presence of Mr. Pravin L. Naik as the chief guest suggests the importance and significance of the event.
- It's commendable that more than 40 students actively participated in the event, highlighting the importance of addressing this issue.

Such awareness programs are essential in promoting a safe and respectful environment for women in the workplace, and it's encouraging to see educational institutions taking proactive steps to address this issue. We thankful to Adv. P. L. Naik for this amazing session of lecture.



(Signature)
Principal

Amdar, Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg



Principal
Principal
Andar. Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudrug




 Principal
 Amdar, Deepakbhai Kesarkar Science College
 Dodamarg, Tal. Dodamarg, Dist. Sindhudurg

Amdar Deepakbhai Kesarkar Science College Dodamarg**Attendance Sheet**

Name of the Programs - <u>Awareness Program</u>					
Date - <u>02/09/2020</u>					
Sr. No.	Name of the Students / Staff	Class / Designation	Contact No.	Signature	Remarks
26	pratik mukesh Gaware	S.Y	7057408335	<u>[Signature]</u>	
27	omkar Namdeo Godake	S.Y	788822135	<u>[Signature]</u>	
28	Saloni Dnyaneshu more	S.Y	7722019108	<u>[Signature]</u>	
29	Vaishnavi Vighnesh Rane	S.Y	7038984822	<u>[Signature]</u>	
30	Shivani Shamkar Pawar	S.Y	9356846473	<u>[Signature]</u>	
31	Hemant Sudhir Parmar	S.Y	9529987835	<u>[Signature]</u>	
32	Ashwini Ramakant Alak	S.Y	846855326	<u>[Signature]</u>	
32	Ravinder Dhruv Vartak	S.Y	7796176814	<u>[Signature]</u>	
33	Vijayanti Utkam Kulkarni	F.Y	9322527330	<u>[Signature]</u>	
34	Seemanta C. Dymalkar	F.Y	9356308846	<u>[Signature]</u>	
35	Tapasya D. Desai	F.Y	9579679416	<u>[Signature]</u>	
36	Pranali P. Kotekar	F.Y	7588082998	<u>[Signature]</u>	
37	Supriya S. Dalvi	F.Y	8275585297	<u>[Signature]</u>	
38	Kavita K. Chari	T.Y	8459784836	<u>[Signature]</u>	
39	Sanhavi S. Sawant	T.Y	9021535978	<u>[Signature]</u>	
40	Sejal Sunil Gaware	S.Y	9196309375	<u>[Signature]</u>	

Principal
Amdar Deepakbhai Kesarkar Science College
Dodamarg, Dist. Thane



Shramik Vidyarthi Dnyanaseva Sanstha's
Amdar Deepakbhai Kesarkar Science College Dodamarg

Attendance Sheet

Name of the Programs - Awareness Program on POSCO act.
Date - 12/11/24

Sr. No.	Name of the Students / Staff	Class / Designation	Contact No.	Signature	Remarks
1)	ishabham P. Gaware	F.Y	9405343048	<i>[Signature]</i>	
2)	Pankaj N. Panyekar	F.Y	8010733870	<i>[Signature]</i>	
3)	Laxman U. Dharne	T.Y	9067933761	<i>[Signature]</i>	
4)	Shashank Naik	T.Y	8669299094	<i>[Signature]</i>	
5)	Shubham Bhujbal	T.Y	9699180019	<i>[Signature]</i>	
6)	Pratik P. Gaware	<u>—</u>		<i>[Signature]</i>	
7)	Shubham V. Gachare	P.Y	7796515312	<i>[Signature]</i>	
8)	Sanket S. Desai	T.Y	7588773668	<i>[Signature]</i>	
9)	Vishwanath A. Shetty	T.Y	749992227	<i>[Signature]</i>	
10)	Aishwarya Naik	S.Y	9890830617	<i>[Signature]</i>	
11)	Vaishnavi Bethekar	<u>—</u>	8421405674	<i>[Signature]</i>	
12)	Neha Gaware	<u>—</u>	8010269509	<i>[Signature]</i>	
13)	Janhavi Khoskar	F.Y	8275348133	<i>[Signature]</i>	
14)	Roshani R. Gaware	F.Y	7887741726	<i>[Signature]</i>	
15)	Dhanashri S. Desai	S.Y	9403245294	<i>[Signature]</i>	
16)	Alcash M. Parodhi	T.Y			
17)	Vishal V. Desai	T.Y	7038915488	<i>[Signature]</i>	
18)	Alcash A. Parab	S.Y	<u>—</u>	<i>[Signature]</i>	
19)	Maheesh G. Gaware	S.Y	800990513	<i>[Signature]</i>	
20)	Nimol N. Surar	S.Y	902270829	<i>[Signature]</i>	
21)	Sameer Mayur Khoskar	S.Y	9420285167	<i>[Signature]</i>	
22)	Ruchita Ravindra Nikte	T.Y	9421272082	<i>[Signature]</i>	
23)	Divresh Chaudhary	T.Y	7066806905	<i>[Signature]</i>	
24)	Sandeep Gaware	T.Y	9168319872	<i>[Signature]</i>	
25)	Vikram B. Desai	T.Y	8275808730	<i>[Signature]</i>	



Amdar, Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg



SHRAMIK VIDYARTHI DNYANSEVA SANSTHA'S

AMDAR DEEPAKBHAI KESARKAR SCIENCE COLLEGE

(AFFILIATED TO UNIVERSITY OF MUMBAI)

DODAMARG, DIST. - SINDHUDURG 416 512 (M. S.)

EMAIL - dkscsci@gmail.com

TEL. NO. - 02363 256755

ESTD. - 2012

COLLEGE CODE - 166

Date: 08/02/2023

Notice

All the first year, Second year and Third year students are informed that the '**Self Defence Programme**' has been organized by Anti-Sexual Harassment Committee and Woman empowerment committee on Friday 10 February 2023. And the timing would be 10.30 AM at College cultural hall of our college. All students are invited to participate in this programme.

Note- This programme is compulsory for all students.

Head,
Anti-Sexual
Harassment Committee

Principal



Amdar. Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg



SHRAMIK VIDYARTHI DNYANSEVA SANSTHA'S

AMDAR DEEPAKBHAI KESARKAR SCIENCE COLLEGE

(AFFILIATED TO UNIVERSITY OF MUMBAI)

DODAMARG, DIST. - SINDHUDURG 416 512 (M. S.)

EMAIL - dkscsci@gmail.com

TEL. NO. - 02363 256755

ESTD. - 2012

COLLEGE CODE - 166

Report On

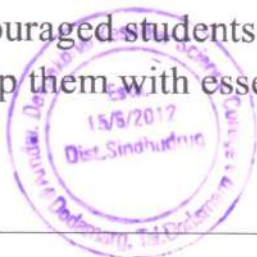
Self-Defence Awareness Program with Chief Guest Mr. Harshad Khanolkar from Hindu Jan Jagruti Mission.

Amdar Deepakbhai Kesarkar Science College was abuzz with enthusiasm on 10/02/2023 as it hosted a Self-Defence Awareness Program, organized by the Women Empowerment committee And Anti-Sexual Harassment Committee. The event featured esteemed Chief Guest Mr. Harshad Khanolkar from the Hindu Jan Jagruti Mission; a prominent organization dedicated to raising awareness on various societal issues.

The program commenced with a warm welcome extended to Mr. Khanolkar, who delivered an enlightening and empowering keynote address. He stressed the importance of self-defence techniques for personal safety and discussed the need for self-awareness in today's world. His insights into self-defence strategies were both informative and inspiring, resonating with the audience.

The event was presided over by the college's Principal, Mr. M. V. Golase, who emphasized the institution's commitment to ensuring a safe and secure environment for all students and staff. Mr. Golase commended the efforts of the Women Empowerment committee And Anti-Sexual Harassment Committee in organizing such crucial awareness programs.

Mr. A. B. Dhenge, the Head of IQAC (Internal Quality Assurance Cell), also addressed the gathering, highlighting the significance of holistic education that encompasses physical and mental well-being. He encouraged students to actively participate in programs like this, which equip them with essential life skills.



(Signature)
Principal
Amdar. Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg

The Non-Teaching Staff provided logistical support, ensuring the smooth flow of the event. Their dedication and effort were commendable, contributing to the overall success of the program.

The presence of 50 enthusiastic students was a testament to the importance of such initiatives. They actively engaged in the program, expressing their appreciation for the opportunity to learn essential self-defence skills and increase their awareness of personal safety.

In conclusion, the Self-Defence Awareness Program with Chief Guest Mr. Harshad Khanolkar was a resounding success. It not only educated participants about self-defence but also fostered a sense of empowerment and community awareness. The event served as a reminder of the college's commitment to the well-being and safety of its students and staff. Such initiatives are instrumental in shaping responsible and confident individuals who can navigate the challenges of the modern world with resilience.

The Women Empowerment Committee and the Anti-Sexual Harassment Committee look forward to organizing more such programs to equip individuals with essential life skills and promote a safer and more aware society.



[Signature]
Principal
Amar. Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg



(Signature)
Principal
 Amdar. Deepakbhai Kesarkar Science College
 Dodamarg, Tal.Dodamarg, Dist.Sindhudrug

[illegible]

Amdar Deepakbhai Kesarkar Science College Dodamarg**Attendance Sheet**

Name of the Programs - Self defence awareness programme.					
Date - 10/02/2023					
Sr. No.	Name of the Students / Staff	Class / Designation	Contact No.	Signature	Remarks
1)	Pratik Gawad	S.Y.		<u>P Gawad</u>	
2)	Omkar Patil	S.Y.		<u>Opatil</u>	
3)	Saloni Mayekar	S.Y.		<u>S Mayekar</u>	
4)	Vaishnavi Rane	S.Y.		<u>VRane</u>	
5)	Shivani Pawar	S.Y.		<u>SPawar</u>	
6)	Hrutuja Paramekar	S.Y.		<u>HParamekar</u>	
7)	Ashwini Nailk	S.Y.		<u>ANailk</u>	
8)	Ravindra Varak	S.Y.		<u>RVarak</u>	
9)	Vijayanti Kubal	S.Y.		<u>VKubal</u>	
10)	Sanjana Aynodkar	S.Y.		<u>Sajnadkar</u>	
11)	Tapasi Desai	F.Y.		<u>TDesai</u>	
12)	Pranali Kotekar	F.Y.		<u>P Kotekar</u>	
13)	Supriya Dalavi	F.Y.		<u>SDalavi</u>	
14)	Kavita Chani	T.Y.		<u>KChani</u>	
15)	Jahani Sawant	T.Y.		<u>JSawant</u>	
16)	Sejal Mayekar	S.Y.		<u>S Mayekar</u>	
17)	Nilam Desai	T.Y.		<u>NDesai</u>	
18)	Sandesh Gawade	T.Y.		<u>SGawade</u>	
19)	Divesh Khadapkar	T.Y.		<u>DK</u>	
20)	Ruchita Nailk	T.Y.		<u>Rnailk</u>	
21)	Samir Morajkar	S.Y.		<u>SMorajkar</u>	
22)	Ninad Sutar	S.Y.		<u>NSutar</u>	
23)	Maresh Gawade	S.Y.		<u>MGawade</u>	
24)	Akash Parab	S.Y.		<u>AParab</u>	
25)	Vishal Desai	S.Y.		<u>VDesai</u>	



SHRAMIK VIDYARTHI DNYANSEVA SANSTHA'S

AMDAR DEEPAKBHAI KESARKAR SCIENCE COLLEGE

(AFFILIATED TO UNIVERSITY OF MUMBAI)

DODAMARG, DIST. - SINDHUDURG 416 512 (M. S.)

EMAIL - dkscsci@gmail.com

TEL. NO. - 02363 256755

ESTD. - 2012

COLLEGE CODE - 166

Date -16/07/2023

Notice

All the first year, Second year and Third year students are informed that the '**One Day guest lecture on women's safety**' has been organized by Laxmibai Sitaram Halabe College on 17 July 2023. And the timing would be 10.00 AM at College cultural hall of college. All students are invited to participate in this programme.

Note- This programme is compulsory for all students.

Head,
Anti-Sexual
Harassment Committee

Principal
Principal

Amdar. Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg





SHRAMIK VIDYARTHI DNYANSEVA SANSTHA'S

AMDAR DEEPAKBHAI KESARKAR SCIENCE COLLEGE

(AFFILIATED TO UNIVERSITY OF MUMBAI)

DODAMARG, DIST. - SINDHUDURG 416 512 (M. S.)

EMAIL - dkscsci@gmail.com

TEL. NO. - 02363 256755

ESTD. - 2012

COLLEGE CODE - 166

Report on

One Day Guest Lecture on Women's safety in Laxmibai Sitaram Halabe college of Arts and Commerce Dodamarg

Date: July 17, 2023

Venue: Laxmibai Sitaram Halabe College of Arts and Commerce,
Dodamarg

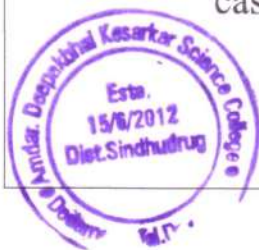
Guest Speaker: Lady PI from Dodamarg Police Station

Introduction: On July 17, 2023, Laxmibai Sitaram Halabe College of Arts and Commerce hosted a guest lecture on the crucial topic of women's safety. The lecture aimed to educate and empower students with essential knowledge and strategies to ensure the safety and well-being of women in today's society.

Event Overview: The guest lecture was inaugurated with a warm welcome to the esteemed Lady PI from Dodamarg Police Station. Her presence underscored the importance and relevance of the topic at hand, reflecting the college's commitment to addressing pertinent social issues through education and awareness.

Key Points Covered: The lecture covered a wide range of topics related to women's safety, including:

1. **Awareness of Rights:** The Lady PI emphasized the legal rights of women and avenues available to them for seeking justice in case of any infringement or violence.



(Signature)
Principal

Amdar, Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg

2. **Safety Measures:** Practical tips and safety measures were shared, focusing on personal safety both indoors and outdoors, particularly in vulnerable situations.
3. **Cyber Safety:** The lecture addressed the growing concern of cybercrimes against women and provided guidance on safeguarding personal information online.
4. **Reporting Mechanisms:** Information on how to effectively report incidents of harassment or violence was provided, highlighting the role of law enforcement agencies in ensuring prompt action.

Interaction and Engagement: Students actively participated in the session, engaging in insightful discussions and asking pertinent questions. The interactive nature of the lecture facilitated a deeper understanding of the challenges women face and the proactive steps that can be taken to mitigate risks.

Conclusion: The guest lecture on women's safety at Laxmibai Sitaram Halabe College of Arts and Commerce was a resounding success, leaving a lasting impact on all attendees. It not only increased awareness but also empowered students with practical knowledge and skills to contribute to a safer environment for women in their community.

Acknowledgments: Special thanks are extended to the Lady PI from Dodamarg Police Station for her valuable insights and guidance. The college administration and organizing committee are also acknowledged for their efforts in arranging such a meaningful and impactful event.

In Conclusion:

The event exemplified the college's commitment to promoting gender equality and safety, reaffirming its role in fostering a supportive and inclusive educational environment.




Principal
Amdar, Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg




 Principal
 Amdar. Deepakbhai Kesariker Science College
 Dodamarg, Tal. Dodamarg, Dist. Sindhudurg

[illegible]

Amdar Deepakbhai Kesarkar Science College Dodamarg

Attendance Sheet

Name of the Programs - Attend lecture on womens safty in LH college					
Date - 17/07/2023					
Sr. No.	Name of the Students / Staff	Class / Designation	Contact No.	Signature	Remarks
1	Naik Simanthini	SYBSC	8421775823	<u>Naik</u>	
2	Roshani Gawaas	-11-	7887741726	<u>Gawaas</u>	
3	Susmita Sawant	-11-	7083004668	<u>Sawant</u>	
4	Pallavi Gosavi	-11-	7796835883	<u>Gosavi</u>	
5	Mayuri V. Gawaas	-11-	7722038439	<u>Gawaas</u>	
6	Janavi J. Kharewar	-11-	9307936968	<u>Kharewar</u>	
7	Supriya S. Dalvi	-11-	8275585297	<u>Dalvi</u>	
8	Pranali Kotekar	-11-	7588082998	<u>Kotekar</u>	
9	Ujjayani U. Kubal	-11-	9322527330	<u>Kubal</u>	
10	Arya shirodkar	F.Y.B.Sc		<u>Shirodkar</u>	
11	Diya sawant	-11-		<u>Sawant</u>	
12	Saisha desai	-11-		<u>Sdesai</u>	
13	Neha gawade	-11-		<u>Gawade</u>	
14	yogita Naik	-11-		<u>Naik</u>	
15	Nutan naik	-11-		<u>Naik</u>	
16	Dilip desai	-11-		<u>Desai</u>	
17	Vidyadhar desai	-11-		<u>Vdesai</u>	
18	Vedant malik	-11-		<u>Vmalik</u>	
19	Rutik gawaas	-11-		<u>Rgawaas</u>	
20	yogesh bandekar	-11-		<u>Ybandekar</u>	
21	Tushar jangale	-11-		<u>Tusharjangale</u>	
22	Aishwarya Naik	-11-		<u>Naik</u>	
23	Neha Gawade	-11-		<u>Gawade</u>	
24	Shweta Gawaas	-11-		<u>Gawaas</u>	
25	Gauri Chavhan	-11-		<u>Principal</u>	



SHRAMIK VIDYARTHI DNYANSEVA SANSTHA'S

AMDAR DEEPAKBHAI KESARKAR SCIENCE COLLEGE

(AFFILIATED TO UNIVERSITY OF MUMBAI)

DODAMARG, DIST. - SINDHUDURG 416 512 (M. S.)

EMAIL - dkscsci@gmail.com

TEL. NO. - 02363 256755

ESTD. - 2012

COLLEGE CODE - 166

Date: 18/07/2023

Notice

All the first year, Second year and Third year students are informed that the '**Self Defence Programme**' has been organized by Anti sexual Harassment Committee on Monday 18 July 2023. And the timing would be 10.30 AM at College cultural hall of our college. All students are invited to participate in this programme.

Note- This programme is compulsory for all students.

Head,
Anti-Sexual
Harassment Committee

Principal
Amdar. Deepakbhai Kesarkar Science Colleg.
Dodamarg, Tal. Dodamarg, Dist. Sindhudrug





SHRAMIK VIDYARTHI DNYANSEVA SANSTHA'S

AMDAR DEEPAKBHAI KESARKAR SCIENCE COLLEGE

(AFFILIATED TO UNIVERSITY OF MUMBAI)

DODAMARG, DIST. - SINDHUDURG 416 512 (M. S.)

EMAIL - dkscsci@gmail.com

TEL. NO. - 02363 256755

ESTD. - 2012

COLLEGE CODE - 166

Report on Self-Defence Program for Girl Students

Introduction:

On July 18, 2023, Amdar Deepakbhai Kesarkar Science College in Dodamarg organized a comprehensive self-defence program exclusively for 40 female students. This initiative aimed to empower young women with practical skills and knowledge necessary to protect themselves in various situations.

Program Structure:

The self-defence program was conducted by experienced trainers from a renowned local martial arts academy. It spanned a full day and comprised a variety of modules designed to equip the participants with essential self-defence techniques and strategies. The program included:

1. **Basic Self-Defence Techniques:** The participants were introduced to fundamental self-defence moves such as blocking, striking, and escaping holds.
2. **Awareness and Prevention:** The instructors emphasized the importance of situational awareness and how to identify potential threats early.
3. **Escape Techniques:** The students were taught how to break free from common holds and grabs, ensuring their safety in case of physical confrontations.
4. **Verbal De-Escalation:** Training included effective communication strategies to diffuse potentially dangerous situations without resorting to physical force.



(Signature)
Principal

Amdar Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg

5. Use of Everyday Objects: The trainers demonstrated how everyday objects can be used as improvised self-defence tools in emergencies.

6. Group Scenarios: The participants engaged in practical exercises, simulating real-life situations, to apply the skills they had learned.

Participant Feedback:

The 40 girl students who participated in the program expressed overwhelmingly positive feedback. They felt more confident and empowered after the training, with many reporting that they had gained valuable skills they could use in the future. Some of the comments included:

- "I feel much safer now and more prepared to handle any unexpected situations."
- "The instructors were patient and made sure we understood each technique thoroughly."
- "This program should be a regular feature at our college. It's an essential life skill."

Future Plans:

Amdar Deepakbhai Kesarkar Science College intends to make this self-defence program a recurring event, providing more female students with the opportunity to acquire these crucial skills. The college administration is also considering the possibility of expanding the program to include additional topics such as cyber safety and mental health awareness.

Conclusion:

The self-defence program held on July 17, 2023, at Amdar Deepakbhai Kesarkar Science College in Dodamarg was a resounding success, equipping 40 girl students with practical self-defence skills and boosting their self-confidence.




Principal
Amdar. Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg



Principal
Principal
Amdar, Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg

[illegible]

[illegible]

Principal
Principal
Amdar, Deepakbhai Kesarkar Science College
Dadamang, Tal.Dadamang, Dist.Sindhudurg

Amdar Deepakbhai Kesarkar Science College Dodamarg**Attendance Sheet**

Name of the Programs - <i>Self defence training program</i>					
Date - <i>18 July 2023</i>					
Sr. No.	Name of the Students	Class	Contact No.	Signature	Remarks
1	Tanhai Khawwal	S.Y		Khawwal	
2	Supriya Dalvi	S.Y		Dalvi	
3	Vijayni Kubal	S.Y		Kubal	
4	Simanthini Naik	S.Y		Naik	
5	Roshni Gawas	S.Y		Gawas	
6	Ganga Sutar	S.Y		Sutar	
7	Mayin Gawas	S.Y		Gawas	
8	Saloni Mayekar	T.Y.B.Sc		Mayekar	
9	Pooja Gawde	T.Y		Gawde	
10	Vaishnavi Bethekar	T.Y		Bethekar	
11	Vaishnavi Rane	T.Y		Rane	
12	Pallavi Gosavi	S.Y.B.Sc		Gosavi	
13	Sushmita Sawant	S.Y.B.Sc		Sawant	
14	Amya Shirwadkar	F.Y.B.Sc		Shirwadkar	
15	Vaishnavi Prasadi	F.Y.B.Sc		Prasadi	
16	Sucheta Patil	F.Y.B.Sc		Patil	
17	Darshani Shetkar	F.Y.B.Sc		Shetkar	
18	Dipti Naik	F.Y.B.Sc		Naik	
19	Saishwari Desai	F.Y.B.Sc		Desai	
20	Gauri Niralagi	T.Y.B.Sc		Niralagi	
21	Phanashni Desai	T.Y.B.Sc		Desai	
22	Pooja Jadhav	T.Y.B.Sc		Jadhav	
23	Pratima Kadam	T.Y.B.Sc		Kadam	
24	Shikha Pawar	T.Y.B.Sc		Pawar	

Amdar Deepakbhai Kesarkar Science College
Dodamarg, Tal. Dodamarg, Dist. Sindhudurg